



Glückauf Brügman Halbmarathon

Brügman-Schacht, Sondershausen, Erlebnisbergwerk / 05.03.2011

Detailed evaluation

PADUCK, Gerold

Club: Leverkusen

Number: 104

Course: 21.08 km

Halbmarathon

Category:

Männer M50

Total time: 3:00:17

Speed: 6.99 km/h

Running performance: 8:33 min/km

Rank in course/Total: 156 (of 156)

Rank in course/Men: 138 (of 138)

Best time in course: 1:29:12

Rank in category: 23(of 23)

Best time in the category: 1:36:08