



# Glückauf Brügman Halbmarathon

Brügman-Schacht, Sondershausen, Erlebnisbergwerk / 05.03.2011

## Detailed evaluation

**BOLLNOW, Frank**

Club: Stralsund Runners

Number: 10

Course: 21.08 km

Halbmarathon

Category:

Männer M35

Total time: 2:09:20

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 75 (of 156)

Rank in course/Men: 68 (of 138)

Best time in course: 1:29:12

Rank in category: 8(of 18)

Best time in the category: 1:48:55