



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Ritzer, Steffen

Club: LG exa Leipzig

Number: 228

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 40:44

Speed: 14.73 km/h

Running performance: 4:04 min/km

Rank in course/Total: 45 (of 270)

Rank in course/Men: 43 (of 199)

Best time in course: 34:21

Rank in category: 5(of 24)

Best time in the category: 35:17