



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Gerstenberger, Volker

Club: LFV Oberholz

Number: 105

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 41:15

Speed: 14.55 km/h

Running performance: 4:07 min/km

Rank in course/Total: 53 (of 270)

Rank in course/Men: 50 (of 199)

Best time in course: 34:21

Rank in category: 9(of 35)

Best time in the category: 34:21