



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Land, Jörg

Club: LG Leipzig-Grünau

Number: 288

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 41:34

Speed: 14.43 km/h

Running performance: 4:10 min/km

Rank in course/Total: 56 (of 270)

Rank in course/Men: 53 (of 199)

Best time in course: 34:21

Rank in category: 8(of 28)

Best time in the category: 34:35