



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Heinig, Dietmar**

Club: SG Olympia 1896 Leipzig e.V.

Number: 310

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 41:38

Speed: 14.41 km/h

Running performance: 4:10 min/km

Rank in course/Total: 57 (of 270)

Rank in course/Men: 54 (of 199)

Best time in course: 34:21

Rank in category: 2(of 14)

Best time in the category: 40:39