



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Roscher, Frank

Club: SG Nord Leipzig

Number: 128

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 43:11

Speed: 13.89 km/h

Running performance: 4:19 min/km

Rank in course/Total: 79 (of 270)

Rank in course/Men: 76 (of 199)

Best time in course: 34:21

Rank in category: 13(of 28)

Best time in the category: 34:35