



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

Lich, Alexander

Club: SC DHfK Leipzig e.V.

Number: 322

Course: 10.00 km

10 km-Lauf

Category:

Männer M35

Total time: 43:15

Speed: 13.87 km/h

Running performance: 4:19 min/km

Rank in course/Total: 81 (of 270)

Rank in course/Men: 78 (of 199)

Best time in course: 34:21

Rank in category: 13(of 25)

Best time in the category: 35:10