



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Nouri, Karim

Club: Leipzig

Number: 293

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 44:02

Speed: 13.63 km/h

Running performance: 4:24 min/km

Rank in course/Total: 92 (of 270)

Rank in course/Men: 88 (of 199)

Best time in course: 34:21

Rank in category: 23(of 35)

Best time in the category: 34:21