



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Koch, Michael

Club: SG LVB Leipzig

Number: 287

Course: 10.00 km

10 km-Lauf

Category:

Männer M70

Total time: 44:36

Speed: 13.45 km/h

Running performance: 4:28 min/km

Rank in course/Total: 96 (of 270)

Rank in course/Men: 91 (of 199)

Best time in course: 34:21

Rank in category: 1(of 9)

Best time in the category: 44:36