



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Krüger, Marcus

Club: LG exa Leipzig

Number: 188

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 45:00

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 101 (of 270)

Rank in course/Men: 96 (of 199)

Best time in course: 34:21

Rank in category: 13(of 24)

Best time in the category: 35:17