



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Rumpf, Josef-Julian

Club: Agnes sein Team

Number: 360

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 45:06

Speed: 13.30 km/h

Running performance: 4:31 min/km

Rank in course/Total: 103 (of 270)

Rank in course/Men: 97 (of 199)

Best time in course: 34:21

Rank in category: 14(of 24)

Best time in the category: 35:17