



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Schwanke, Matthias**

Club: LC Taucha

Number: 297

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 45:41

Speed: 13.13 km/h

Running performance: 4:34 min/km

Rank in course/Total: 109 (of 270)

Rank in course/Men: 103 (of 199)

Best time in course: 34:21

Rank in category: 25(of 35)

Best time in the category: 34:21