



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

Frankenstein, Sylvia

Club: SC DHfK Leipzig

Number: 166

Course: 10.00 km

10 km-Lauf

Category:

Frauen W35

Total time: 45:56

Speed: 13.06 km/h

Running performance: 4:35 min/km

Rank in course/Total: 112 (of 270)

Rank in course/Women: 8 (of 71)

Best time in course: 38:08

Rank in category: 2(of 10)

Best time in the category: 44:28