



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Amelung, Volker

Club: TSG Markkleeberg von 1903 e.V.

Number: 136

Course: 10.00 km

10 km-Lauf

Category:

Männer M35

Total time: 46:19

Speed: 12.95 km/h

Running performance: 4:38 min/km

Rank in course/Total: 117 (of 270)

Rank in course/Men: 109 (of 199)

Best time in course: 34:21

Rank in category: 17(of 25)

Best time in the category: 35:10