



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Dachowicz, Carolin

Club: Leipziger Triathlon e.V.

Number: 316

Course: 10.00 km

10 km-Lauf

Category:

Frauen W45

Total time: 47:28

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 123 (of 270)

Rank in course/Women: 10 (of 71)

Best time in course: 38:08

Rank in category: 1(of 11)

Best time in the category: 47:28