



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Jurczek, Heiko

Club: TSG Markkleeberg

Number: 179

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 47:57

Speed: 12.51 km/h

Running performance: 4:48 min/km

Rank in course/Total: 135 (of 270)

Rank in course/Men: 122 (of 199)

Best time in course: 34:21

Rank in category: 17(of 28)

Best time in the category: 34:35