



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Köhler, Lutz

Club: LFV Oberholz

Number: 350

Course: 10.00 km

10 km-Lauf

Category:

Männer M50

Total time: 48:19

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 137 (of 270)

Rank in course/Men: 124 (of 199)

Best time in course: 34:21

Rank in category: 13(of 19)

Best time in the category: 37:49