



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Zobel, Frank

Club: Gerichshain

Number: 329

Course: 10.00 km

10 km-Lauf

Category:

Männer M20

Total time: 48:20

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 138 (of 270)

Rank in course/Men: 125 (of 199)

Best time in course: 34:21

Rank in category: 21(of 28)

Best time in the category: 34:49