



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Seller, Steffen

Club: Leipzig

Number: 374

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 50:00

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 158 (of 270)

Rank in course/Men: 139 (of 199)

Best time in course: 34:21

Rank in category: 7(of 14)

Best time in the category: 40:39