



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Kuningham, Ronald

Club: Leipzig

Number: 117

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 50:07

Speed: 11.97 km/h

Running performance: 5:01 min/km

Rank in course/Total: 161 (of 270)

Rank in course/Men: 141 (of 199)

Best time in course: 34:21

Rank in category: 8(of 14)

Best time in the category: 40:39