



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Pörner, Frank

Club: Leipzig

Number: 294

Course: 10.00 km

10 km-Lauf

Category:

Männer M60

Total time: 50:56

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 169 (of 270)

Rank in course/Men: 146 (of 199)

Best time in course: 34:21

Rank in category: 4(of 6)

Best time in the category: 44:42