



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Deichsel, Danilo

Club: Leipzig

Number: 365

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 51:35

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 178 (of 270)

Rank in course/Men: 152 (of 199)

Best time in course: 34:21

Rank in category: 20(of 24)

Best time in the category: 35:17