



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Küster, Christian**

Club: Leipzig

Number: 193

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 52:00

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 182 (of 270)

Rank in course/Men: 155 (of 199)

Best time in course: 34:21

Rank in category: 21(of 24)

Best time in the category: 35:17