



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Golzer, Thomas**

Club: Leipzig

Number: 384

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 52:59

Speed: 11.32 km/h

Running performance: 5:18 min/km

Rank in course/Total: 190 (of 270)

Rank in course/Men: 160 (of 199)

Best time in course: 34:21

Rank in category: 26(of 28)

Best time in the category: 34:35