



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Schneider, Hans-Dietrich

Club: all-on-sea Leipzig

Number: 236

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 54:38

Speed: 10.98 km/h

Running performance: 5:28 min/km

Rank in course/Total: 202 (of 270)

Rank in course/Men: 168 (of 199)

Best time in course: 34:21

Rank in category: 10(of 14)

Best time in the category: 40:39