



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Berger, Frank**

Club: Volksbank Leipzig

Number: 140

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 54:50

Speed: 10.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 204 (of 270)

Rank in course/Men: 170 (of 199)

Best time in course: 34:21

Rank in category: 33(of 35)

Best time in the category: 34:21