



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

Holke, Karin

Club: LC Auensee Leipzig

Number: 108

Course: 10.00 km

10 km-Lauf

Category:

Frauen W50

Total time: 56:35

Speed: 10.60 km/h

Running performance: 5:40 min/km

Rank in course/Total: 215 (of 270)

Rank in course/Women: 38 (of 71)

Best time in course: 38:08

Rank in category: 2(of 8)

Best time in the category: 45:54