



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Flathe, Susann**

Club: Taucha

Number: 165

Course: 10.00 km

10 km-Lauf

Category:

Frauen W30

Total time: 56:40

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 216 (of 270)

Rank in course/Women: 39 (of 71)

Best time in course: 38:08

Rank in category: 5(of 8)

Best time in the category: 49:47