



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Riedel, Immo

Club: BSV AOK Leipzig e.V.

Number: 227

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 56:48

Speed: 10.56 km/h

Running performance: 5:41 min/km

Rank in course/Total: 217 (of 270)

Rank in course/Men: 178 (of 199)

Best time in course: 34:21

Rank in category: 11(of 14)

Best time in the category: 40:39