



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Jahn, Simone

Club: BSV AOK Leipzig e.V.

Number: 177

Course: 10.00 km

10 km-Lauf

Category:

Frauen W40

Total time: 56:56

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 219 (of 270)

Rank in course/Women: 41 (of 71)

Best time in course: 38:08

Rank in category: 7(of 11)

Best time in the category: 38:08