



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

Heyde, Katrin

Club: BSV AOK Leipzig e.V.

Number: 302

Course: 10.00 km

10 km-Lauf

Category:

Frauen W30

Total time: 57:22

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 225 (of 270)

Rank in course/Women: 45 (of 71)

Best time in course: 38:08

Rank in category: 6(of 8)

Best time in the category: 49:47