



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Opitz, Wilfried

Club: BSV AOK Leipzig e.V.

Number: 213

Course: 10.00 km

10 km-Lauf

Category:

Männer M70

Total time: 1:00:48

Speed: 9.87 km/h

Running performance: 6:05 min/km

Rank in course/Total: 244 (of 270)

Rank in course/Men: 188 (of 199)

Best time in course: 34:21

Rank in category: 5(of 9)

Best time in the category: 44:36