



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Münch, Ilona

Club: SV Lok Nordost Leipzig

Number: 202

Course: 10.00 km

10 km-Lauf

Category:

Frauen W45

Total time: 1:02:27

Speed: 9.61 km/h

Running performance: 6:14 min/km

Rank in course/Total: 246 (of 270)

Rank in course/Women: 58 (of 71)

Best time in course: 38:08

Rank in category: 11(of 11)

Best time in the category: 47:28