



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Seifert, Uwe

Club: BSV AOK Leipzig e.V.

Number: 247

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 1:04:45

Speed: 9.27 km/h

Running performance: 6:29 min/km

Rank in course/Total: 253 (of 270)

Rank in course/Men: 191 (of 199)

Best time in course: 34:21

Rank in category: 35(of 35)

Best time in the category: 34:21