



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Nopens, Gudrun

Club: SC DHfK Leipzig

Number: 211

Course: 10.00 km

10 km-Lauf

Category:

Frauen W50

Total time: 1:06:38

Speed: 9.00 km/h

Running performance: 6:40 min/km

Rank in course/Total: 263 (of 270)

Rank in course/Women: 68 (of 71)

Best time in course: 38:08

Rank in category: 7(of 8)

Best time in the category: 45:54