



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Wahlers, Astrid**

Club: Leipzig

Number: 60

Course: 5.00 km

Fitnesslauf

Category:

Frauen

Total time: 30:26

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 11 (of 28)

Rank in course/Women: 5 (of 21)

Best time in course: 23:16

Rank in category: 5(of 21)

Best time in the category: 23:16