



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Giebel, Jörg**

Club: LG exa Leipzig

Number: 169

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 34:35

Speed: 17.35 km/h

Running performance: 3:28 min/km

Rank in course/Total: 2 (of 270)

Rank in course/Men: 2 (of 199)

Best time in course: 34:21

Rank in category: 1(of 28)

Best time in the category: 34:35