



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Clemen, Sebastian

Club: TriathlonTeamMitteldeutschland

Number: 152

Course: 10.00 km

10 km-Lauf

Category:

Männer M20

Total time: 35:31

Speed: 16.89 km/h

Running performance: 3:33 min/km

Rank in course/Total: 10 (of 270)

Rank in course/Men: 10 (of 199)

Best time in course: 34:21

Rank in category: 4(of 28)

Best time in the category: 34:49