



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Friedrich, Matthias

Club: Täves Traithlon Team Oskburg

Number: 326

Course: 10.00 km

10 km-Lauf

Category:

Männer M35

Total time: 36:49

Speed: 16.30 km/h

Running performance: 3:41 min/km

Rank in course/Total: 16 (of 270)

Rank in course/Men: 16 (of 199)

Best time in course: 34:21

Rank in category: 3(of 25)

Best time in the category: 35:10