



## 9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

### Detailed evaluation

**Kugler, Björn**

Club: LG exa Leipzig

Number: 189

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 39:13

Speed: 15.30 km/h

Running performance: 3:55 min/km

Rank in course/Total: 31 (of 270)

Rank in course/Men: 30 (of 199)

Best time in course: 34:21

Rank in category: 3(of 24)

Best time in the category: 35:17