



9. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 19.03.2011

Detailed evaluation

Biermann, Ulf

Club: Leipzig

Number: 142

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 39:16

Speed: 15.28 km/h

Running performance: 3:56 min/km

Rank in course/Total: 32 (of 270)

Rank in course/Men: 31 (of 199)

Best time in course: 34:21

Rank in category: 4(of 28)

Best time in the category: 34:35