



Winterlaufserie des Eisenacher LV/ 3. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 27.03.2011

Detailed evaluation

Gasterstedt, Ralf

Club: Unkeroda

Number: 36

Course: 5.20 km

Kurzdistanz

Category:

Männer M45

Total time: 23:55

Speed: 12.54 km/h

Running performance: 4:36 min/km

Rank in course/Total: 3 (of 12)

Rank in course/Men: 3 (of 9)

Best time in course: 18:33

Rank in category: 1(of 1)

Best time in the category: 23:55