



Winterlaufserie des Eisenacher LV/ 3. Lauf  
Creuzburg (Stiftsgut Wilhelmglücksbrunn - Saline) / 27.03.2011

Detailed evaluation

Helbig, Hans-Peter

Club: Stedtfelder Rennsteigfreunde  
Number: 32

Course: 5.20 km  
Kurzdistanz

Category:  
Männer M65

Total time: 30:14

Speed: 10.32 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 8 (of 12)

Rank in course/Men: 6 (of 9)

Best time in course: 18:33

Rank in category: 2(of 3)

Best time in the category: 29:34