



## 6. Walk in Herne

Herne / 27.03.2011

### Detailed evaluation

Sander, Ingeborg

Club: SG Ennepetal

Number: 13588

Course: 13.00 km

Nordic Walking

Total time: 1:38:44

Speed: 7.90 km/h

metres in height up: 180

Course score: 15.70

performance score: 124 Points