



## 6. Walk in Herne

Herne / 27.03.2011

### Detailed evaluation

Freisfeld, Nicole

Club: Bochum

Number: 13616

Course: 13.00 km

Nordic Walking

Total time: 1:51:49

Speed: 6.98 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points