



## 6. Walk in Herne

Herne / 27.03.2011

### Detailed evaluation

Hensel, Ilona

Club: Post SV Buer

Number: 13567

Course: 13.00 km

Nordic Walking

Total time: 1:55:44

Speed: 6.74 km/h

metres in height up: 180

Course score: 15.70

performance score: 106 Points