



6. Walk in Herne

Herne / 27.03.2011

Detailed evaluation

Spangenberg-Mades, Dagmar

Club: Herne

Number: 13522

Course: 13.00 km

Nordic Walking

Total time: 1:56:32

Speed: 6.69 km/h

metres in height up: 180

Course score: 15.70

performance score: 105 Points