



6. Walk in Herne

Herne / 27.03.2011

Detailed evaluation

Sems, Ilona

Club: Knappschafts -Team

Number: 13591

Course: 13.00 km

Nordic Walking

Total time: 2:09:05

Speed: 6.04 km/h

metres in height up: 180

Course score: 15.70

performance score: 95 Points