



6. Walk in Herne

Herne / 27.03.2011

Detailed evaluation

Kose, Rüdiger

Club: Skiclub Schwerte e. V.

Number: 20524

Course: 20.00 km

Nordic Walking

Total time: 2:28:17

Speed: 8.09 km/h

metres in height up: 300

Course score: 24.50

performance score: 198 Points